



August 2008 Newsletter

22nd August 2008

Dear Students,

Thanks to all students who continued training whilst Gillian, Cathy and myself were on holiday. Especially to Jamie who was 'plunged into the deep end' and proved most competent. Jamie has had nothing but praise for the support given him by instructors and students alike.

As for myself Gillian and Cathy, we had a really nice holiday, and looked forward to Jamie's phone calls giving us the update at Choi.

Considering the holiday season is still in full swing last Monday's turnout was very good - so well done everyone for making the effort to attend - *Pil Suhng* ! As we all know, to get the full benefit of your training regular attendance is a must, especially if your goal is to become a black belt, and why not - every 'Eltham CKD' student - child and adult - is more than capable of being a black belt. I am constantly delighted how you are all progressing in your training.

It is important that all students (adults and children) intending to grade in September attend training on Monday 1st September. I need to know who is grading and submit their names to head office.

Dates for your diary -

Wednesday 27th August

Instructor training, commence 7pm ends approximately 8.30pm.

Monday 8th September

Adult grading, starts at 7.45pm - ends approximately 9pm.

Please ensure your training fee / membership is up to date, and the £20 grading fee is paid the week before the grading (Monday 1st September). This is so that Cathy can concentrate on her grading and not collecting money ! She gets nervous like everyone else at gradings...

Monday 15th September

Children Grading, starts at 6.30pm - ends approximately 7.45pm

Please ensure your training fee / membership is up to date, and the £20 grading fee is paid on the night. Parents, friends and family are very welcome.

Monday October 27th

Jack & Jamie ILL Dan (black belt) grading !!!

Grading starts 7.45pm - ends approximately 9pm

Every black belt grading is special, but this is a VERY special occasion because it is Eltham CKD FIRST black belt grading, and two students are grading together. It promises to be a first class, all action grade, so PLEASE make sure you come along and support them. The adult class is reserved for the black belt grading only. However, there will be opportunities for students to participate and help out - so please attend wearing your dobock (uniform). If the two students put on a worthy performance there will be cakes and pop available afterwards ! *Children students are very welcome to stay on and watch the black belt grading.*

Monday 3rd November

Adult grading, starts at 7.45pm - ends approximately 9pm. Friends and family are very welcome.

Looking forward to seeing you all next Monday

Regards & best wishes

John Edwards

Sabumnim

2nd Degree EE-Dan Choi Kwang Do

3rd Degree Freestyle martial arts

PIL SUHNG !